

BREADTH + LENGTH + HEIGHT + DEPTH

THE DIMENSIONS OF LOVE

NINE DAYS OF PILGRIMAGE,
PRAYER & DISCERNMENT
AS WE JOURNEY TOGETHER

*"And may you know the
breadth and length and
height and depth of the
love of Christ."*

EPHESIANS 3:18



Caritas

DIOCESE OF SHREWSBURY

WALKING FOR FAMILIES.
PRAYING FOR VOCATIONS.
GIVING THANKS TOGETHER.

BREADTH + LENGTH + HEIGHT + DEPTH



DAY ONE – BREADTH

How wide is God's love?



SCRIPTURE

Romans 8:38-39



REFLECTION

Today we reflect on the incredible breadth of God's love – how wide it reaches, embracing every person and every place.



INTENTION

For vocational hearts: May we all respond joyfully to the Lord's encouraging invitation generously to offer our lives as a gift since: "A vocation is a precious gift that God sows in our heart, a call to leave ourselves behind and embark on a journey of love and service. Every vocation in the Church, whether lay, ordained or consecrated, is a sign of the hope that God has for this world and for each of his children." (Pope Francis, 2025)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Reach out to someone today with kindness and inclusion.



DAY TWO – LENGTH

How far will God's love go?



SCRIPTURE

Ephesians 3:18



REFLECTION

Today we reflect on the length of Christ's love – how far it goes, how it never gives up, and how it walks with us every step of the way.



INTENTION

For young people: May they have hope, even in difficulty, since the Lord, who knows the human heart, does not abandon us in our uncertainty. He wants us to know that we are loved, called and sent and that he is at work in each of our lives and at every step of the way he accompanies those who entrust their lives to him." (Pope Francis, 2025)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Encourage a young person today.

BREADTH + LENGTH + HEIGHT + DEPTH



DAY THREE – HEIGHT

How high can hope rise?



SCRIPTURE

Psalms 35:6



REFLECTION

Today we reflect on the height of Christ's love – how it lifts us, inspires us and calls us to set our hearts on what is above.



INTENTION

For accompaniment in discernment: May adults and especially Priests accompany the young in seeking to approach life in a discerning and vocational manner so that they may set out on that path, together with the Holy Spirit, who awakens in them the desire to make of their lives a gift of love. (Pope Francis, 2025)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Thank someone who has guided you.



DAY FOUR – DEPTH

How deep is God's love?



SCRIPTURE

1 John 4:16



REFLECTION

Today we reflect on the depth of Christ's love – how deep it is, how strong, how it reaches us in our darkest places.



INTENTION

For families: May families be the place where life and faith are handed on together, shared like food at the family table and like the love in our hearts so that our families may always be privileged places in which to encounter Jesus, who loves us and desires our good. (Pope Leo, Jubilee of Families)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Spend quality time with family today.



DAY FIVE – WALKING TOGETHER

How we journey as one



SCRIPTURE

Hebrews 10:24



REFLECTION

Today we reflect on walking together in faith, hope and love.



INTENTION

For the whole Church: That all who bear the name "Christian" may commit themselves still more deeply to a living faith, sustained by constant prayer and enriched by fraternal accompaniment so that God's call for each of us can blossom and mature becoming a path of happiness and salvation. In this way, may we each come to know more deeply both ourselves and the God who calls us. (Pope Leo, 2026)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Pray for unity in your parish and community.



DAY SIX – SERVING OTHERS

Love in action through Caritas



SCRIPTURE

John 3:16



REFLECTION

Today we reflect on Jesus who came not to be served but to serve.



INTENTION

For listening hearts: May young people hear the voice of the Lord who invites them to a full and fruitful life putting their talents to good use and to uniting even their limitations and weaknesses with the glorious cross of Christ. Giving time to fulsome participation in the sacramental and ecclesial life of the Church, may they come to intimate friendship with the Lord and so discover how to give of themselves, whether through marriage, the priesthood, the permanent diaconate, or consecrated life. (Pope Leo, 2026)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Do one act of service for someone in need.



DAY SEVEN – ANSWERING GOD'S CALL

Praying for vocations



SCRIPTURE

John 15:13



REFLECTION

Today we give thanks for the gift of Deacons ministry and the many blessings in our lives.



INTENTION

For the beauty of marriage: May the whole Church renew and deepen our commitment to marriage so that those men and women whom the Lord calls to marriage and family life can, in Christ, fully live out their conjugal love, and so that young people may feel attracted, within the Church, to the beauty of the vocation to marriage. (Pope Leo, 2026)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Pray for engaged and married couples.



DAY EIGHT – THANKSGIVING

A heart filled with gratitude



SCRIPTURE

Psalms 106:1



REFLECTION

Today we give thanks for the gift of Priests ministry and the many blessings in our lives.



INTENTION

For Priests: May they always be united to the pierced heart of Christ to whose life and holiness they are invited to be particularly configured. Through celebration of the Eucharist, prayer, meditation on the word of God and humble service to their brothers and sisters may they be renewed by the gift of grace and remain united to Christ in everything. With upright, simple and pure hearts may Priests be capable of being contemplative in the midst of action, merciful and faithful in times of trial, and joyful in the gift of themselves. (Pope Leo, 2026)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Offer a prayer of thanks for our priests.



DAY NINE – SENT FORTH

Go in peace and love



SCRIPTURE

Matthew 28:19



REFLECTION

As the pilgrimage ends on Shining Tor, we pray that we may carry Christ's love beyond these nine days.



INTENTION

For those Religious who live Consecrated Life: "Truly poor, meek, eager for holiness, merciful and pure of heart, may they always treasure and cultivate the calling they have received, so as to succeed in discovering anew an interior and closer relationship with Christ in their Communities. May they experience, through the action of the Holy Spirit, the joyful exultation of those who are introduced into the secrets of the kingdom". (Pope Leo, 2026)



PRAYER

Our Father, Hail Mary (x3), Glory be.



ACTION

Go forth today in peace and love.

CLOSING PRAYER

Loving God,
source of all callings,
we thank You for the gift of Fr. Tom's ministry
and for every vocation in Your Church.

Through this Novena, may our hearts be open
to hear Your voice, may we walk together
in faith and love, and may we be sent forth
to serve with joy.

We ask this through Christ our Lord.
Amen.



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